FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

2. Issuer Name and Ticker or Trading Symbol

- 1	CIVID / II I	110 17 12
-		
-	OMB Number:	3235-028
	Estimated average	hurden

5. Relationship of Reporting Person(s) to Issuer

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

1. Name and Address of Reporting Person*

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response:	0.5								

LAMP DAVID L					<u>C</u>	CVR ENERGY INC [CVI]								(Check all applicable) X Director 10% Owner						
															ctor		10% Ov	vner		
(Last) (First) (Middle) C/O CVR ENERGY, INC. 2277 PLAZA DRIVE, SUITE 500					3. Date of Earliest Transaction (Month/Day/Year) 12/13/2019									Officer (give title Oth below) below) President and CEO			er (specify w)			
							4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) SUGAR LAND TX 77479													X Forn	Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(State)	(Zip)											Pers	on					
		Tal	ole I - No	n-Deri	vativ	e Se	curitie	s Ac	quired	, Dis	sposed c	f, or Be	neficial	lly Owne	ed					
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day						ar) E	any	ecution Date,		Transaction Dis		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4		5) Secur Benef Owne	icially d Following	Forn (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Report Trans (Instr.	action(s) 3 and 4)))		(Instr. 4)		
Common	Stock ⁽¹⁾			12/14	4/2019	2019		М		13,218	A	\$0 ⁽²⁾	1	3,218		D				
Common Stock ⁽¹⁾ 12/14/3					4/2019	2019		D		13,218	D	\$42.13	3(3)	0	0					
			Table II								osed of converti			/ Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversior or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,	4. Transa Code (8)				6. Date Exerci Expiration Da (Month/Day/Yo		te	7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares							
Incentive Units ⁽⁴⁾	(2)	12/13/2019			A		32,737		(4)		(5)	Common Stock	32,737	\$0 ⁽²⁾	32,73	37	D			
Incentive	(2)	12/14/2019			M		13,218		(1)		(5)	Common	13,218	\$0 ⁽²⁾	26,43	34	D			

- 1. The Incentive Units were awarded to the reporting person by CVR Energy, Inc. as compensation for services as an officer on December 14, 2018. These Incentive Units vest ratably in three annual installments beginning in December of each year following the grant date, subject to the terms and conditions of the award agreement.
- 2. Each Incentive Unit reported herein represents the right to receive upon vesting, a cash payment equal to the average closing price of a share of CVR Energy, Inc. common stock for the 10 business days preceding the vesting date.
- 3. This price represents the average closing price of a share of CVR Energy, Inc. common stock for the 10 business days preceding the vesting date.
- 4. The Incentive Units were awarded to the reporting person by CVR Energy, Inc. as compensation for services as an officer on December 13, 2019. These Incentive Units vest ratably in three annual installments beginning in December of each year following the grant date, subject to the terms and conditions of the award agreement.
- 5. The Incentive Units expire immediately following vesting.

Remarks:

/s/ David L. Lamp 12/17/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.