## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMEN
obligations may continue. See Instruction 1(b).	Filed

## IT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  SWANBERG CHRISTOPHER G					2. Issuer Name and Ticker of Trading Symbol  CVR ENERGY INC [ CVI ]										ck all appli Directo	tor		10% Ov	vner	
	R ENERGY	, INC.	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 07/16/2013									X	X Officer (give title below) Other (specification)  VP, Env., Health & Safety					
2277 PLAZA DRIVE, SUITE 500  (Street) SUGAR LAND TX 77479					4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)      X Form filed by One Reporting Person     Form filed by More than One Reporting						
(City)	(S		(Zip)												Persor					
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2 Ear) if	2A. Deemed Execution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			or	5. Amou Securitie Benefici	Amount of curities neficially ned Following		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) (D)	Pri	ice	Transaci (Instr. 3	tion(s)			(iiisti. 4)	
Common Stock 07/				07/16/2	/2013 <sup>(1)</sup>				M		8,11	3 A	.   9	\$30	8,113		D			
Common Stock 07			07/16/2	/2013 <sup>(1)</sup>		D		8,11	3 D		\$30	0			D					
		7	able II - I	Derivati (e.g., pu											Owned					
Derivative Conversion Date Execution Security or Exercise (Month/Day/Year) if any			3A. Deeme Execution if any (Month/Day	Date, Transaction			on of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			B. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	is Blly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)	
				C	ode	v	(A)	(D)	Date Exercisal		xpiration ate	Title	Amou or Numl of Share	ber						
Restricted Stock	(1)	07/16/2013		1	М			8,113	07/16/20:	13 0	7/16/2013	Common Stock	8,11	13	\$30	27,672	2	D		

## **Explanation of Responses:**

1. This transaction represents the settlement of vested Restricted Stock Units in cash by the company.

/s/ Edmund S. Gross, Attorney-07/18/2013 in-fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.