FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SWANBERG CHRISTOPHER G						2. Issuer Name and Ticker or Trading Symbol CVR ENERGY INC [CVI]									Check all D v O	applicable rector fficer (give)		owner (specify	
	(First) (Middle) R ENERGY, INC. AZA DRIVE, SUITE 500					3. Date of Earliest Transaction (Month/Day/Year) 12/30/2011										low) VP, Env. Hea		below) llth & Safety		
(Street) SUGAR (City)	LAND '		7	7479 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date						Execution Date			Transaction Dispose Code (Instr.			rities Acquired (A) ed Of (D) (Instr. 3, 4			nd 5) See Be Ow	mount of curities neficially ned Follov	F	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										Code	v	Amount	mount (A) o		Price	Tra	Transaction(s (Instr. 3 and 4			()
Common Stock 12/30/2					/2011	2011					21,957	(1)	A	\$	0	63,272		D		
Common Stock 12/31/2					2011						1,694(2	2)	D \$18.		3.73	73 61,578		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversic or Exercis Price of Derivative Security	n Date	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,		ransaction Code (Instr.		ı of		Exerci on Da Day/Yo		7. Title and Amount of Securities Underlying Derivative Security (Instr and 4)		str. 3	8. Price Derivativ Security (Instr. 5)	deriva Securi Benefi Owned Follow Repor	tive ties cially d ving ted action(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
						Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	or Nur of	ount nber ires					

Explanation of Responses:

- 1. The restricted common stock granted to Mr. Swanberg will vest in three annual installments, with 7,319 shares vesting on each of December 30, 2012, December 30, 2013 and December 30, 2014.
- 2. Mr. Swanberg was granted 13,933 shares of restricted common stock on December 31, 2010. This stock award vests in three annual installments. The first installment, consisting of 4,645 shares vested on December 31, 2011. Of this amount, 1,694 shares (the amount disclosed above) were purchased by the company to satisfy Mr. Swanberg's tax withholding obligations.

/s/ Edmund S. Gross, Attorneyin-fact 01/04/2012

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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