FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(n) of the investment Company Act of 1940						
	s of Reporting Persor	n*	2. Issuer Name and Ticker or Trading Symbol CVR ENERGY INC [CVI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>LIPINSKI JO</u>	HN J		SYNERIES INC	X	Director	10% Owner			
(Last) C/O CVR ENER 2277 PLAZA DE	(First) GY, INC. RIVE, SUITE 500	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 01/18/2012	X	Officer (give title below) CEO and Pres	Other (specify below) sident			
(Street) SUGAR LAND (City)	TX (State)	77479 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	idual or Joint/Group Filing Form filed by One Rep Form filed by More that Person	orting Person			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Stock	01/18/2012		S ⁽¹⁾		200	D	\$23.53	785,036	D			
Common Stock	01/18/2012		S ⁽¹⁾		200	D	\$23.54	784,836	D			
Common Stock	01/18/2012		S ⁽¹⁾		2,558	D	\$23.55	782,278	D			
Common Stock	01/18/2012		S ⁽¹⁾		100	D	\$23.56	782,178	D			
Common Stock	01/18/2012		S ⁽¹⁾		342	D	\$23.57	781,836	D			
Common Stock	01/18/2012		S ⁽¹⁾		500	D	\$23.58	781,336	D			
Common Stock	01/18/2012		S ⁽¹⁾		500	D	\$23.59	780,836	D			
Common Stock	01/18/2012		S ⁽¹⁾		200	D	\$23.6	780,636	D			
Common Stock	01/18/2012		S ⁽¹⁾		300	D	\$23.61	780,336	D			
Common Stock	01/18/2012		S ⁽¹⁾		100	D	\$23.63	780,236	D			
Common Stock	01/18/2012		S ⁽¹⁾		1,100	D	\$23.71	779,136	D			
Common Stock	01/18/2012		S ⁽¹⁾		600	D	\$23.72	778,536	D			
Common Stock	01/18/2012		S ⁽¹⁾		1,700	D	\$23.73	776,836	D			
Common Stock	01/18/2012		S ⁽¹⁾		3,400	D	\$23.74	773,436	D			
Common Stock	01/18/2012		S ⁽¹⁾		500	D	\$23.75	772,936	D			
Common Stock	01/18/2012		S ⁽¹⁾		4,000	D	\$23.76	768,936	D			
Common Stock	01/18/2012		S ⁽¹⁾		2,800	D	\$23.77	766,136	D			
Common Stock	01/18/2012		S ⁽¹⁾		1,900	D	\$23.78	764,236	D			
Common Stock	01/18/2012		S ⁽¹⁾		600	D	\$23.79	763,636	D			
Common Stock	01/18/2012		S ⁽¹⁾		300	D	\$23.8	763,336	D			
Common Stock	01/18/2012		S ⁽¹⁾		300	D	\$23.81	763,036	D			
Common Stock	01/18/2012		S ⁽¹⁾		400	D	\$23.83	762,636	D			
Common Stock	01/18/2012		S ⁽¹⁾		400	D	\$23.84	762,236	D			
Common Stock	01/18/2012		S ⁽¹⁾		1,390	D	\$23.85	760,846	D			
Common Stock	01/18/2012		S ⁽¹⁾		510	D	\$23.86	760,336	D			
Common Stock	01/18/2012		S ⁽¹⁾		100	D	\$23.87	760,236	D			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Ta Date (Month/Day/Year)	Iffe Premberival Execution Date, if any (e.g., p (Month/Day/Year)	itye S Transa Uts _{ije} ((8)	ecuri etion asis,	tresul of Walfike Secur Acqui (A) or Dispo of (D)	rities ired ised	ifenteriesisteet, c Expraion date Qualonsyreanvertib		Properticially Amount of Amount of Amount of Inches (Inches) Underlying Derivative (Instr. 3 and 4)		y Syme the Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		BinNion Of Deriv Secu Acqu (A) or (A) or	ative ities ired	Expiration Date (Month/Day/Year) Date Expiration		7. Title and Amount of Securitiesmount Underlying Derivativesumber Securityofinstr. 3 Title4) Shares		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Explanation	of Respons	es:				of (D) (Instr.							Transaction(s) (Instr. 4)		
1. This sale w	as made pursu	ant to a 10b5-1 tradin	g plan adopted by the	e Report	ing Pers	and 5	May 26	2011.							
Code V (A) (D) Exercisable Expiration Date Exercisable Date Expiration Date Signature of Date Exercisable Date To Date Exercisable Date To Date Exercisable Date To Date Exercisable Date To Date Date Date To Date Date Date Date Date Date Date Date															

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).